

Our Team



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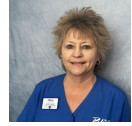
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The **Bluffs**
SENIOR COMMUNITY



The Bluffs Senior Community

1000 Bluff View Drive, Houghton, MI, 49931

906-483-4400

www.thebluffs.org

MAY NEWSLETTER



5/2- Jan D. (QC)
5/6- Marilyn H.
5/10- Marilyn M.
5/14- Marlene M.
5/15- Mary C.
5/16- Evelyn G.
5/18- Dave P. (EMP)
5/23- Joe K.
5/23- John W.
5/26- Delores A.
5/26- Mike B. (EMP)
5/27- Mark A.



Letter from our Executive Director

Spring has Sprung!

Spring is a season of renewal, filled with blooming flowers, warmer days, and a sense of fresh beginnings. It's a time when nature comes alive, painting the world in vibrant colors and sweet fragrances. In the midst of this beauty, we celebrate Mother's Day—a special occasion to honor the love, strength, and care of mothers and mother figures. Just like spring breathes life into the earth, mothers nurture and inspire those around them, making this season the perfect backdrop for expressing gratitude and appreciation. I've been honored to be inspired by so many mother figures in my time at The Bluffs, it's truly been a blessing while raising my three sons.

Wishing you all a wonderful month of May and hope that you can make some memories with your Mom!

All the best, I hope to see you soon!

-Jessica Bracco
Executive Director



Activity Highlights



May has arrived! We will kick off the month with a May Day Craft. The Kentucky Derby takes place on the 3rd, so please wear your derby hats for dinner. In honor of Cinco de Mayo, we will enjoy a Mexican lunch accompanied by Margaritas. Our crafting activity will be divided into two parts: first, we will decorate flower pots, and then we will plant flowers in them. As we know, May is also the month to celebrate Mother's Day. Join us for a Mother's Day Tea Party and Poem Writing session on Friday, the 9th. On National Chocolate Chip Day, which falls on the 15th, we will be baking delicious chocolate chip cookies. With the arrival of warmer weather, we will begin planting seeds for the garden, and this year we will experiment with raised garden beds, so stay tuned for updates. As the weather improves, we are planning an outing to the AE Seaman Mineral Museum. Finally, we will conclude the month with a Memorial Day picnic lunch, so remember to wear your red, white, and blue. Wishing you a wonderful month! Don't forget to smile; it might brighten someone else's day!

~Kalyssa~



Culinary Corner



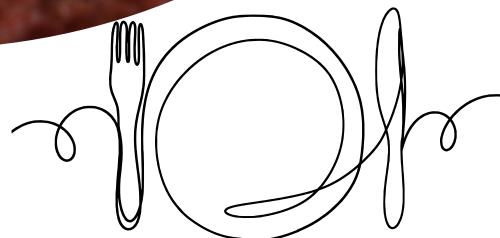
Spring Greetings!

The Spring & Summer Menus have been underway for about a month now. We are almost through our 6 week rotation! I hope you are all enjoying our new additions and lighter fare options!

This month we will have 2 special celebrations; Mother's Day and Memorial Day! Please make sure you pay attention to the posters and invites that are posted in the community. RSVP dates are noted accordingly. We look forward to having your friends and family join us for these holidays!

See you there!

-Shelly



Kentucky Derby

Watching the Kentucky Derby is a thrilling experience that blends tradition, excitement, and a touch of Southern charm. Held annually at Churchill Downs in Louisville, Kentucky, the Derby is not just about horse racing; it's a spectacle that attracts millions of viewers from around the world. The energy at the track is electric, with fans donning their finest outfits, especially the iconic wide-brimmed hats, and sipping mint juleps in the stands. The race itself lasts just two minutes, but the anticipation builds for hours as the horses, each with their own story and pedigree, prepare for their moment to shine. The roar of the crowd, the rush of the horses down the track, and the photo finish create a palpable sense of excitement that makes it one of the most-watched sporting events in the U.S. It's a celebration of both the sport and the culture surrounding it, filled with pageantry, fashion, and the thrill of competition.

**Join the viewing party on May 3rd at
6:30 in the Gathering Room**



Mothers Day

Spring is in the air, and so is our appreciation for all the amazing mothers in our lives!

We are delighted to invite you to our Annual Mother's Day Brunch as we celebrate the love, warmth, and strength that mothers bring to our world.

Join us on

Sunday, May 11th

11:00 AM – 1:00 PM

1st Floor Dining Room

Enjoy a delicious breakfast spread, warm company, and a heartwarming celebration in honor of all moms. We look forward to sharing this special day with you!



May 2025 Activity Calendar

Community Captures



906 Home Services



906 Home Services is our home services provider on site at The Bluffs. Tammy and her team provide a wide range of care available to all residents.

There are different care level packages to choose from depending on your need and budget. If you are interested in signing up for services or speaking to Tammy about your needs, call 906-483-4251 or stop by to see her!



Additional Reminders

- We have greeting cards available for sale at The Front Desk. Cards are \$1 each and must be paid for in cash or coin.
- There are no assigned seats in the dining room! Please welcome others to your table if they ask.
- We ask that you please provide a 24 hour notice for all dinner guests. This helps us to ensure we have prepared enough food.
- Exercise Classes with Julia are held 5 days a week! Julia ensures that residents of all activity and skill levels can participate in class.
- Please refrain from assisting other residents with standing, their wheelchairs and walkers. We do not want anyone to injure themselves in doing so.

June Save The Dates



6TH- BIRTHDAY LUNCH
14TH- FLAG DAY
13TH- BRIDGEFEST WEEKEND
15TH- FATHER'S DAY

