

### FEBRUARY BIRTHDAY

#### WISHES!



3rd-Jim Spain  
8th-Alice Franz  
17th-Josephine Rovano

Join us on Friday, February 3rd for our Birthday Lunch from 11:30-1:00p.m. & Music in the Lobby by The Polka Drifters

#### Milkshake Monday

On Monday, February 6th we will enjoy some delicious milkshakes at lunchtime. Chocolate, Vanilla & Strawberry will be served!



### Happenings...

I heard a rumor that the year 2012 is going to fly by and so far it seems to be doing just that! I am now in my 7th month of pregnancy and baby Bracco is due to arrive on March 28th. We all know it could be sooner or later! I wanted to let you know that while I am on maternity leave, Lori will take on my day to day operational responsibilities. Lori has been with The Bluffs for a little

over 10 years and I know Lori has the knowledge and training to cover my duties during my absence. While Lori is fulfilling my duties, another Resident Assistant will replace Lori at the front desk to take on her responsibilities. I know there have been some questions as to what was going to happen while I was on leave so I wanted to give you a heads up! February looks to

be full of neat activities...I know I'm excited! From Groundhog's Day, to Valentine's, snow statue tours, a firework display, leap year and a whole lot more in between! It appears we won't have a dull moment! I'd like also welcome back Sarah from maternity leave... she will be joining us on Monday, February 6th. Ann has done a wonderful job fulfilling the activities while Sarah was away. Thanks Ann!  
~Jessica



### Super Bowl XLVI Party

#### New England Patriots vs. New York Giants

Join Mark & Ann on Sunday, February 5th for our annual Super Bowl Party. Come and watch as the New England Patriots take on the New York Giants! Snacks and refreshments will be served. Tailgate party starts at 6:15p.m. in the 3rd floor Ballroom.

*Are you ready for some football?*



## Torchlight Parade & Fireworks

Join us in the 3rd Floor Ballroom on Saturday, February 11th to watch the Torchlight Parade at 8:30p.m. and the Fireworks following shortly after at 8:45p.m.

## Winter Carnival 2012 Snow Statue Tours

The theme for MTU's Winter Carnival 2011 is "From All Over the State, What Makes Michigan Great." We will have one bus on Thursday, February 9th and another on Friday, February 10th. Lobby departure will be at 1:30p.m. on both days. Please RSVP by:

Monday, February 6th

*Please specify which day you would prefer.*



## Mardi Gras Party!



Friday, February 17th

4:30p-5:30p

3rd Floor Ballroom

A masquerade and jazz music will fill the air. Wear your Purple, Green & Gold and join us as we announce the 2012 King & Queen!

## Presentations By Arnie

February is American Heart Health Month and Arnie Kinnunen will discuss the topic in a presentation on Monday, February 13th. at 2:00p.m. in the Library. Arnie will also be here on Monday, February 20th at 1:30 to do a presentation on "Appreciating Others." Arnie is a great speaker and always has valuable information to pass along, join us!

## Alzheimer's Association- Caregiver Meeting

Phil Puotinen, Wraparound Coordinator from the Alzheimer's Association in Marquette will be here to hold a presentation on Alzheimer's Disease. The presentation is titled "The Basics; memory loss, dementia, and Alzheimer's Disease."

The presentation will be held on Monday, February 27th in the 3rd floor Ballroom at 1:30p.m.

This meeting is highly recommended for residents, family members and caregivers. The presentation is also open to the public so feel free to invite your friends or anyone you know that you think would benefit from this presentation.

Educational resources are extremely valuable when dealing with memory loss, dementia and Alzheimer's. The more you can learn about the disease the easier it is to understand.



**FACT:** An estimated 5.4 million American's are living with Alzheimer's disease. As many as 16 million American's will have Alzheimer's by 2050.

## With Honors

During the month of February, we are honored to fly a very special flag. Margaret Lawhorn's grandson, Joshua McDonald recently returned from serving in Iraq and Afghanistan. He returned with an American flag that was flown at Camp Bastion in Afghanistan. The family and Joshua have graciously given The Bluffs the flag to be flown on our property. We are so happy that Joshua returned home safe and sound and are honored to fly the American flag that once proudly flew in Afghanistan. With sincere appreciation, we Thank You!

